



Weekly Booster

CHURCH STAFF

Pastor

Kelly W. Peavey

pastorkelly@shen.church

Office Manager

Jeff Hiser

office@shen.church

Pianist

Terry Stafford

Choir Director

Sue Jones

Bell Choir Director

Volunteer Needed

Multimedia & Website

Jeff Hiser

Sunday Media Booth

Kris Anderzhon,

Alan Hutchison,

Jeff Hiser

Sunday Facebook Host

Craig Harris,

Michelle Morelock

Facebook Contributors

Pastor Kelly W. Peavey,

Barb Cunningham,

Craig Harris,

Jeff Hiser

Sunday Praise Team

Terry Stafford, Linda Haldane,

Margaret Brady, Eric Whipple,

Drew Morelock, Deb Finlay,

Robin Hensen, Jeff Hiser,

Jodi Anderzhon



One day you are in traffic and it bothers you. The next day you are in the same traffic, but it doesn't because you are in a great mood. Is it the traffic that causes how you feel? If it was the traffic, you would have the same response all the time. It must be 100% for it to be truth.

One day you have a paper or project due and you feel stuck. You can't think clearly or write. But the next day you have a moment of inspiration and clarity. You finish the project in a few hours. Was it the paper or project causing you to feel a certain way?

Two brothers grow up in the same family and crime ridden neighborhood. One becomes a neurosurgeon. The other lives a life of crime and drugs. We often hear that the environment causes someone to be a certain way but if it was the environment everyone would turn out the same way because of the environment.

We've been taught to believe that it's the circumstance, event, situation and environment that causes us to think, feel and act the way we do but the truth is it's never the traffic. It's never the event or circumstance.

It's always your state of mind.

The events and circumstances in life contribute to our life experience but our state of mind (level of consciousness) determines how we see the event, how it affects us and how we respond to it.

When you have a high state of mind, you have a lot of clarity, peace, confidence and you are able to rise above your circumstance and situation.

When you have a low state of mind, you have a lot of clutter, doubt and insecurity, easily get upset and instead of rising above your circumstance, your situation brings out the worst in you.

When you have a high state of mind the traffic doesn't bother you. When you have a low state of mind it does. *Continued on page 2*

Dixie Dailey is looking for yarn you no longer need so she can make mittens and caps for children and adults. Please bring the yarn to the church or give her a call at 712-246-2416.

+ Men's Bible study
Saturday mornings at 8:00 a.m.

+ Women's Bible study
will be Monday at 11:30 this week.

Reminders

October 15th
5th Quarter, 9-11 p.m.

October 17th
Methodist Men Breakfast
8:00 a.m. Fellowship Hall

October 18th
Women's Bible Study, Noon
Ad Board Meeting 6:30 p.m.

October 20th
Praise Team
5:30 p.m.
Choir Practice – 6:45 p.m.

October 21st
T.O.P.S.
4:30 p.m.

October 24th
9:00 a.m. Guest Speaker
Cherie Miner, MUMMs Director
(Mobile United Methodist
Missionaries)

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When you have a low state of mind, the bad call leads to you yelling at the referee. You move forward and keep playing. When you have a low state of mind, the bad call leads to you yelling at the referee.

When you have a high state of mind, you don't even think twice about seeing a negative comment on social media. Life is good, you could care less what someone thinks, and you enjoy the rest of day. When you have a low state of mind, the negative comment triggers you and you end up arguing with someone you don't even know.

When you have a high state of mind you are able to see that an event doesn't define you and you forgive and heal. When you have a low state of mind you hold on to pain and wounds of the past that continue to hurt you.

Life is always coming at us, and our state of mind determines how we respond.

So, the big question you are most likely asking right now is: *How does one elevate their state of mind?*

First, understanding how this all works automatically enhances your state of mind. This level of awareness automatically elevates consciousness. You may forget this truth from time to time but the minute you remember it, you go higher.

Second, knowing the truth that circumstances have no power over you and that you create your world from the inside out, elevates your state of mind.

Third, meditation, prayer, music, stillness, exercising, dancing, and doing something you love can help elevate your state of mind. For me, daily walks of gratitude and prayer have elevated my state of mind in amazing ways and changed the course of my life.

Finally, the most powerful way to elevate your state of mind is to love. Love dissolves hate and anger. Love casts out fear. Love is patient and kind. Love drives grit and causes you to keep going when others say you should quit. When you love others, and love what you do you tap into the most powerful force in the universe and rise above it all with more clarity, connection and confidence.

It's important to understand that each of us will experience high and low states of mind. It's the ebb and flow of consciousness and life. The key is to recognize the low and transform it to a high. The more you do this, the more you'll transform your default response.

My purpose in sharing this lesson with you is to remind you that you are more powerful than your circumstance and that you have the power to transform, transcend and triumph in any situation.

Jon Gordon, The Jon Gordon Companies, Weekly Newsletter, October 11, 2021,
www.JonGordon.com



Greetings Church,

I am happy to report that the Charge Conference was conducted Tuesday night, and the seven members who were present were able to complete the business of our church required for the coming year. Among the highlights were the many committee posts filled that had become vacant over the past several months. All the new appointments are effective January 1. The vast majority of those nominated agreed to serve, and I thank them for that. Also voted on were the lay representatives to Annual Conference. We again have two: our Lay Leader, Deb Finlay, and the SPRC Chair, Jodi Anderzhon have accepted that responsibility for 2022. My hope is that all who serve will have a sense of their positive impact on our church this coming year.

I have a couple things to say about the article from Jon Gordon which begins on the first page. I came close to rejecting it for the Booster. As I read it, based on the content it is apparent the the author has spent some time in the Word. But he gets a little vague. "When you love others, and love what you do you tap into the most powerful force in the universe". I am giving the benefit of the doubt that he wrote this article this way to more broadly appeal to an unchurched audience, but I'm concerned it is misleading – that it comes close to the truth, but misses the mark. The most powerful force in the universe, is a loving, caring God. Not some vague, impersonal natural or psychological law or force to be made use of – or not, but the Creator of the universe who desires to be in relationship with you. He proved it by dying for you in the divine, yet human person of Jesus Christ. It is Jesus who is the Prince of Peace. It is the joy of the Lord which will be our strength. We do not hold the keys to our own salvation. It is a gift of God, freely given to those who believe, and God is love.

In the name of our Lord, Jesus Christ,

Pastor Kelly

Church Office Hours

**No children or adult Sunday School at this time. <u>Ask how you can help</u>	Monday 9:00-11:00 12:00-3:00	Please continue to call in advance if you need in the church to make sure someone is in the office. If you reach the answering machine please leave your name, number, and a brief message and your call will be returned. Calls after 2:00 p.m. may be returned the next business day.
**Bell Choir – Volunteer needed	Tuesday 9:00-11:00 12:00-3:00	
**Chancel Choir – Wednesdays, 6:45 p.m. Sunday 8:30 a.m.	Wednesday CLOSED	
	Thursday 9:00-11:00 12:00-3:00	
	Friday 9:00-11:00 12:00-3:00	
The front door to the church will be unlocked during office hours and closed only for errands and lunch.		



According to the book of Revelation, what is the number of "The Beast"?

- a) 13
- b) 57
- c) 666
- d) 1000

Check next week's Booster for answers to the three trivia questions.

How did Jesus describe His "yoke"?

- a) comfortable
- b) loose
- c) easy
- d) pleasant

Which famous Bible character shared his name with a lesser-known biblical woman?

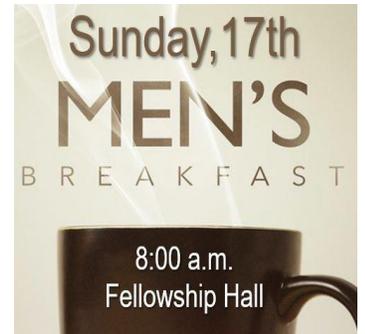
- a) Adam
- b) Daniel
- c) Moses
- d) Noah

Oct 10th answers
c) You shall have no other gods before me a) Andrew d) Nineveh

Birthdays and Anniversaries



17th – Erin Baldwin, Sue Burchett
 19th – Bennett Blane, Brian Blank
 20th – Eldon Manchester, Andrea Robinson
 21st – Brielle Blank
 22nd – Anniversary Al & LuAnn Armstrong
 23rd – Katherine Smidt, Jake Williams
 * October 17th Marlyn Perry (Elinor Sharp's sister) will be celebrating her birthday. Marlyn is in Accura Healthcare, 213 Halland Ave, Stanton, IA 51573. Family members say she enjoys receiving cards.



Jesus was the ultimate millennial: saved the world then moved back in with his dad.

Life is uncertain. God is not.

Book Your Appointment Online



Would you like to chat with Pastor Kelly, maybe over coffee, tea, or soda? Need to get something on the church calendar or need something brought to our attention? You can book an appointment online with Jeff or Pastor Kelly by going to the following link <https://bit.ly/3sm5lyY> (click on the link or copy and paste into your browser). You may also use a QR reader.



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We're on the Web!

<https://shen.church>



United Methodist Church,
Shenandoah, IA

www.facebook.com/methodist.
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Click on the link below by holding
down the Ctrl button and click on the
link

<http://bit.ly/3skF0p9>

*Prelude/Postlude/Accompanist: *Terry Stafford*

Call to Worship

Leader: Power and might and majesty belong to God who created and is creating.

People: Thanks be to God for God's mighty wonders.

L: Like the image of the powerful wind, and heavens as a garment, God's majesty is revealed in all creation.

People: We look around us at the wonders and marvel and the infinite variety and beauty which God has created.

L: Who are we, that God should pay attention to us?

People: We are God's beloved children, the stewards whom God has selected to care for God's world.

All: Amen!

“Not”

Old Testament Scripture: *Job 38:1-7, 34-41*

New Testament Scripture: *Hebrews 5:1-10*

Gospel Reading: *Mark 10:35-45*

Songs

How Great Thou Art #77 (Hymnal)

Fear Is A Liar (words on the screens)

Precious Lord, Take My Hand #474 (Hymnal)

He Touched Me #357 (Hymnal)

Last Week's Attendance

In-Person Worship – 82

Online Worship – 19

Our Mission:

“Know & Serve God by Sharing Christ's Love.”

Our Vision:

“We will grow in holiness, our community will thrive, & we will make a difference in our world.”